



Mobile Market 2016

Local produce ~ Local access

Mondays

Petrolia – Food bank – 4156 Petrolia Line 9:30 – 10:30
Corunna – All Saints Anglican – Hill St 11:00 – 12:00
Aamjiwnaang – Community Centre Pavilion 12:30 – 1:30
Lambton College – Events Centre – 1485 London Rd 2:00 – 3:00



Tuesdays

Forest – Contact House - 6276 Townsend Line 10:00 – 11:00
Theford – Meadowville – 76 Mill Street St. 11:30 – 12:30
Kettle Point – Hillside School– 6265 Indian Lane 1:00 – 2:00

Wednesdays

Wyoming – 587 Ontario Street 9:15 – 10:15
Watford – United Church – 555 Ontario St 10:45 – 11:45
Alvinston – Township Office – 3236 River Rd 12:15 – 1:15

Fridays

Rogers St. – parking lot 9:30 – 10:30
Kathleen Ave – park 11:00 – 12:00
Veteran's Park – along Victoria St N 12:30 – 1:30
YMCA Learning & Career Centre – 660 Oakdale Ave 2:00 – 3:00

**Starts the
week of July
4th until the
end of October**

See over for more details



The Mobile Market is a program of The Inn of the Good Shepherd
Fresh produce is available every week at no cost
(while supplies last).

Many thanks to the farmers, greenhouses and gardeners who support this program with donations of produce!

We are most grateful to a local community member who anonymously donated \$10,000 in support of this year's mobile market!

Accessing the Mobile Market

To access the Mobile Market, please bring one of the following:

- The Inn or any food bank client card
- ID and proof of residence in Lambton County, Co-op Housing or Student Residence
 - Proof of social assistance income (OW or ODSP or OAS)



Healthy Activities ... Healthy Lifestyles

Following up on the successes of last summer, Lambton Public Health and North & West Lambton Community Health Centres along with Canadian Mental Health, Ontario Early Years Program, St. Clair Child & Youth, The Lambton Children's Planning Network and Bluewater Power will be attending various mobile markets with health activities and providing resources with recipes and tips to preparing the vegetables.

The Mobile Market ... Community Kitchen nights!!!

In September & October join us for a couple evenings to learn how to prepare & freeze corn, squash and applesauce then get to take quantities home to stock your freezer for the winter!

Dates will be announced at the markets, 2-3 weeks prior to the kitchen nights.